

## TRAINING ON COMMUNICATION SKILLS OF NATIONAL AND UNIVERSAL APPRECIATION BASED ON DEVELOPMENT

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**Annotation.** *This concept embodies "integrated generalized knowledge", information and ideas about nature, the world and man. An idea plays an important role in the formation, development and improvement of a social worldview. In turn, there are several types of ideas, and today in our society its Constructive and Destructive forms are perceived. The social worldview of students is formed on the basis of a national idea that embodies ideal and realistic goals and objectives.*

**Key words:** *The concept of social ethics reflects the complex of a person's relationships, actions and manners towards nature, the world and man. Social ethics is a set of normative laws of a person towards his own life, society and future generations.*

### INTRODUCTION.

These tasks, in turn, encompass a number of internal and structural aspects. In this framework, several concepts are considered to be primary, which are explained as follows:

1. Social consciousness is unique to humans and is a reflection of the objective world and social existence in the minds of people. Consciousness is the center of human thinking. It stores ideas, thoughts, and information and lays the foundation for the formation of social consciousness.
2. Social worldview. This concept embodies "integrated generalized knowledge", information and ideas about nature, the world and man. An idea plays an important role in the formation, development and improvement of a social worldview. In turn, there are several types of ideas, and today in our society its Constructive and Destructive forms are perceived. The social worldview of students is formed on the basis of a national idea that embodies ideal and realistic goals and objectives.
3. The concept of social ethics reflects the complex of a person's relationships, actions and manners towards nature, the world and man. Social ethics is a set of normative laws of a person towards his own life, society and future generations.

Social ethics, like law, has the characteristics of freedom and responsibility, but unlike law, it has natural mechanisms. If a person is without social ethics, he remains outside social life and society. In this sense, instilling the concepts of morality in students of higher educational institutions is of great importance in developing social activity.

4. People with social competence accept others as they are; are not late for meetings; are able to come to the right conclusions and decisions; are sensitive to the desires and needs of those around them; are curious.

From the above, it becomes clear that the factors for developing the communicative abilities of future sports coaches based on national and universal values through project education are based on the formation of social consciousness, social worldview and social ethics in the individual.

The methodological foundations of developing the communicative abilities of future sports coaches based on national and universal values through project education (normative documents on education, pedagogical heritage, theoretical and methodological recommendations set forth in scientific and pedagogical research) are also of particular importance. Based on these methodological foundations, the criteria for developing the communicative abilities of future sports coaches based on national and universal values through project education require the following pedagogical laws:

- taking into account age and physical characteristics and capabilities, relying on scientific recommendations developed on this issue;
- forming social consciousness, morality and actions, virtues and qualities of activity based on pedagogical requirements and criteria;
- relying on effective methods, tools, forms and approaches.

Working on the basis of the above ideas creates scientific and methodological convenience in developing the communicative abilities of future sports coaches based on national and universal values through project education.

Developing the communicative abilities of future sports coaches based on national and universal values through project education is a social need, and the development of society requires it. The methodological basis of the process of developing students' social activity is as follows:

- the development of the communicative abilities of future sports coaches based on national and universal values through project education is formed in the process of spiritual and social relations and is manifested as the content and level of the approach to social life;
- the level of activity organized on the basis of spiritual and moral requirements is an important factor in the development of the communicative abilities of future sports coaches based on national and universal values through project education;
- the development of the communicative abilities of future sports coaches based on national and universal values through project education is formed in the educational process organized according to objective and subjective conditions;
- the development of the communicative abilities of future sports coaches based on national and universal values through project education is an important condition for ensuring the development of society and allows for foresight.

The development of the communicative abilities of future sports coaches based on national and universal values through project education involves solving the following tasks:

- determining the activity of the future teacher;
- determining measures aimed at consistently increasing the level of activity of the future teacher;
- providing information on the content, essence and significance of the state youth policy;

- conducting practical activities on spiritual and social topics and creating the necessary conditions and opportunities for the active participation of each member of the student community in the process;
- supporting, coordinating and providing practical assistance in socio-political, economic and cultural activities based on the ideas of the ideology of national independence.

The socio-economic development of society includes two interrelated processes in which a person forms his social essence. This process of formation is connected with labor, social environment, and self-education of the individual. Fundamental ideas about a person as a being in active movement are an important methodological basis for the problem of developing the communicative abilities of future sports coaches based on national and universal values through project-based education.

The cultural-humanistic approach to the development of the communicative abilities of future sports coaches based on national and universal values through project education, as well as the analysis of the national and methodological foundations of education and upbringing, made it possible to draw the following conclusions:

The content of the development of the communicative abilities of future sports coaches based on national and universal values through project education is manifested in the form of a source of knowledge about nature, society, methods of activity, a person's emotional-volitional and value-based attitude to others, labor, communication, etc.

Without seeking to single out some examples of our vast historical and cultural heritage, it should be emphasized that the ancient sacred book of the peoples of Central Asia "Avesta", folk epics, the religious and spiritual heritage of Ahmad Yasawi, Bahovuddin Naqshband, and the moral teachings of Amir Temur are of great importance as socio-cultural sources.

The increase in activity in spiritual and cultural life during the years of independence is associated with: firstly, the opening of wide opportunities for the revival and promotion of national cultural values; secondly, the expansion of cultural ties with foreign countries; thirdly, the establishment of new ideological and democratic foundations of artistic creativity; fourthly, the orientation of state policy towards the development of the spiritual foundations of a market economy, and the development of the communicative abilities of future sports coaches is a priority in this activity, as socialization processes are considered a priority.

Communicative culture is aimed, first of all, at humanizing social life, restoring traditions, strengthening the aspiration for universal values and high spiritual and aesthetic ideals, and ensuring freedom of creative thought.

The scientific and spiritual heritage of Eastern thinkers, representatives of science and culture is an integral part of the process of forming national culture on the basis of values in specialists (especially within the framework of communicative culture). In this place, it is desirable to separate ideas that are compatible with the modern directions of education and culture, and to achieve the students' assimilation of the ideas and views put forward by thinkers at the level of value.

The following theories, which correspond to modern directions in the field of education and upbringing of pedagogical science and practice, can also be separately systematized:

1. The concept of sociality, characterized by the recognition of the high value of the human personality, put forward by Farabi, Navoi, and Behbudi.
2. Humanistic values - a concept emphasizing the need for the harmony of physical and spiritual beauty, moral and intellectual maturity, patriotism, loyalty to national values, and respect for universal human values.
3. Advanced methods of education - views on the importance of using problem-based education, discussion methods aimed at developing independent and critical thinking.
4. Views on the need for the appropriate use of modern pedagogical and information technologies in the educational process to increase the interest of students and create an opportunity for a high level of cognitive activity.

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